

## REPRODUCIBLE 14



Name		

# An Invitation to Our Food Fair

Dear



you. You see, we just completed a course all about food and nutrition, and we would like to share some of the exciting things we discovered with you.

Our fair will be held on	
at	Please fill in the reply below and

return it to us.





### **Reply Form**

Check the boxes that apply to you.  $\Box$ 

I would be delighted to come to your food fair.  $\Box$ 

I am sorry, I cannot come to your fair.

I would like to help the class prepare the food for the fair.

I am sorry, I cannot help prepare the food for the food fair.

Signature













Name\_\_\_\_\_

## **Healthy Hopscotch**

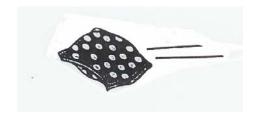
#### You will need:

chalk

beanbags or hopscotch markers

**Preparations**: Draw your favorite hopscotch outline and write in the different food groups instead of numbers.

**To play:** Players throw the beanbag or marker onto the first square. Before they hop, they have to name a food from that food group. Players continue from square to square with each successful round until they have completed the course.



#### You will need:

a large easel with paper a large marker oaktag a stopwatch

**Preparations**: Fold the oaktag into squares. Cut out the squares and write the name of a food on each square.

**To play:** Divide players into two teams. A player from the first team picks a card without showing it to anyone else. The player has two minutes to draw a picture on the paper to help his or her team guess what the food is. They cannot draw the food itself. If the team guessed correctly, they get 3 points, and 1 bonus point if they can name to food group it comes from. If they don't guess correctly the other team is allowed 3 guesses to win the points.

Invent a nutrition game of your own. Write the rules and how to play your game on the back of this page.